



## H. Pylori BreathTek Test

### Patient Preparation:

- The patient should have no food or drink for at least 1 hour before the test.
- The patient should have not taken antibiotics, proton pump inhibitors (PPIs) or bismuth preparations for 2 weeks prior to the test. If PPIs are used within 2 weeks of BreathTek UBT testing, false negative test results may occur, and the test should be repeated 2 weeks after discontinuation of PPI treatment. A positive result for a patient on PPI could be considered positive and be acted upon.
- The effect of histamine 2-receptor antagonists (H<sub>2</sub>RAs) may reduce urease activity on urea breath tests. H<sub>2</sub>RAs may be discontinued for 24-48 hours before the BreathTek UBT.
- Use of antacids does not appear to affect the accuracy of the BreathTek UBT.
- Remind the patient that Pranactin-Citric contains phenylalanine (one of the protein components of Aspartame). Phenylketonurics restrict dietary phenylalanine.
- For administration by a healthcare professional only. Do not provide this kit to the patient for self-administration.
- If repeat testing is needed, BreathTek UBT can be administered again on the following day.

### For Pediatric Patients:

Complete the attached Pediatric UHR Card, and send it with the patient's breath samples to the laboratory for analysis.

**For more information, please visit [www.BreathTek.com](http://www.BreathTek.com), or call 1-888-637-3835.**



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