

GI ASSOCIATES OF DELAWARE

742 S. Governors Ave. Ste. 3

Dover, DE 19904

302-678-5008

Upper GI Endoscopy

After careful medical assessment, your doctor has recommended that you have an upper GI endoscopy. During this procedure, a small flexible fiberoptic tube (endoscope) is passed through the mouth and throat into the upper digestive tract. This procedure allows the doctor to examine the linings of the esophagus, stomach, and some part of the small bowel and to identify any abnormalities.

All dentures should be removed prior to the start of the procedure.

You will be asked to sign a consent form authorizing the doctor to perform the procedure. It will be signed in the doctor's office prior to the procedure or at the time of the procedure.

A needle for intravenous (IV) medications will be in your arm vein prior to the procedure. Medicine will be injected through this needle that will make you sleepy or relaxed.

As you lie on your left side, the doctor will place a small mouthpiece between your teeth. You will be able to breathe normally.

The doctor will then help you slide the small flexible endoscope tube over your tongue and he will examine the lining of the esophagus, stomach, and duodenum. A biopsy specimen (tiny bit of tissue) may be taken for microscopic examination.

Many people do not recall any of the procedure because of the effect of the medicine. After the procedure, you will probably feel drowsy and may want to sleep for a short time. The doctor may then discuss the findings with you and the nurse will give you instructions to follow when you go home.

A followup appointment of this procedure might have been given to you in advance. If you did not get a followup, please call the office. At the followup, the doctor will go over the procedure and his findings, and at that time the biopsy should be back (if one was taken).

Upper endoscopy is associated with low risk when performed by a physician who has been specially trained and is experienced in the procedure.

If you have any questions, please call the office and talk to the staff or the physician, they will be happy to help.

DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT. YOU SHOULD TAKE YOUR HEART AND BLOOD PRESSURE MEDICATIONS ON THE MORNING OF YOUR PROCEDURE WITH ONLY ONE SIP OF WATER.

Have someone pick you up from the endoscopy, as you should not drive on the day of the procedure due to sedation. Also, do not operate any heavy machinery or sign any legal documents on that day.

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| Endoscopy Day: | Date: | Time: |
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Location: Advance Endoscopy Center
742, South Governors Avenue Ste. #2. (Corner of Dover St. & Governor's Avenue)
Park on Dover St. & come in through the Dover St. Entrance.

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| Follow Up Day: | Date: | Time: |
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* **Procedure appointment slots are very important and limited.** We expect you to call us at least 48 hours in advance if you are unable to keep your appointment so that it can be used for another patient. There will be a \$50 charge for missing a procedure appointment